



5 Questions to Ask Your Mentor

BETTER QUESTIONS. DEEPER CONVERSATIONS.
BIGGER OPPORTUNITIES.

Mentorship is more than just advice — it's a partnership for growth. The right questions can help you gain clarity, learn from experience, and move closer to your goals.

*Ask.
Learn.
Grow.*

01

WHAT SKILL SHOULD I FOCUS ON DEVELOPING RIGHT NOW?

Get clear on what will make the biggest impact in your journey.

02

WHAT CHALLENGES DID YOU FACE WHEN YOU WERE STARTING OUT?

Learn from their real-life experiences and how they overcame them.

03

WHAT WOULD YOU DO DIFFERENTLY IF YOU WERE IN MY POSITION?

Gain new perspectives and broaden your thinking.

04

WHAT RESOURCES OR OPPORTUNITIES WOULD YOU RECOMMEND?

Discover tools, networks, or opportunities that can help you grow.

05

WHAT SHOULD I WORK ON BEFORE OUR NEXT CONVERSATION?

Keep the momentum going and set a clear next step.



AFRO-MENTORSHIP INITIATIVE

Supporting growth. Encouraging wellness.
Building confidence.



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Make the Most of Your Mentorship

BEFORE • DURING • AFTER

A great mentorship experience doesn't just happen — it's built through intention, active participation, and follow-through. Here's how to make the most of every conversation.



BEFORE

COME PREPARED

- ✓ Be clear about your goals and what you want to learn.
- ✓ Do a little research about your mentor and their background.
- ✓ Prepare a few questions (like the ones on the other page!).



DURING

BE CURIOUS

- ✓ Listen actively and be open-minded.
- ✓ Ask your questions and share your thoughts.
- ✓ Take notes (you'll be glad you did!).
- ✓ Don't be afraid to ask for more clarity or examples.



AFTER

TURN ADVICE INTO ACTION

- ✓ Reflect on what you've learned.
- ✓ Set small, actionable goals.
- ✓ Stay in touch and share your progress.
- ✓ Thank your mentor — it goes a long way!



REFLECTION PROMPT

What's one thing you can do this week to take your mentorship to the next level?

*Together
we go further.*